



Links to Year 13 Topics



Term 3

Unit 11 = Physical Activity for Specific Groups (Triple)

Unit 20 = Sport and Exercise Sociology (Triple)

Sporting groups and theories and society.

Assessment

Reading of Brief Scenario Tasks

Links sociology.

Term 2

U2 = Sports Coaching and Activity Leadership (Single/Double/Triple)

Unit 11 = Physical Activity for Specific Groups (Triple)

U13 = Health and Fitness Testing for Sport and Exercise (Double/Triple)

Unit 18 = Practical Skills in Sport and Physical Activities  
(Single/Double/Triple)

Unit 20 = Sport and Exercise Sociology (Triple)

Coaching methods, sporting groups, fitness tests, individual sports, team sports and theories and society.

Assessment

Reading of Brief Scenario Tasks

Links to sociology.



Term 1

U2 = Sports Coaching and Activity Leadership (Single/Double/Triple)

U4 = Working Safely in Sport, Exercise, Health and Leisure (Double/Triple)

Unit 12 = Nutrition and Diet for Sport and Exercise (Triple)

U13 = Health and Fitness Testing for Sport and Exercise (Double/Triple)

Unit 18 = Practical Skills in Sport and Physical Activities (Single/Double/Triple)

Unit 21 = The Business of Sport (Triple)

Coaching methods, health and safety, macronutrients, micronutrients, fitness tests, individual sports, team sports and sports businesses.

Assessment

Reading of Exam Questions and Brief Scenario Tasks

Links to food and business.